



MASTER YOUR **MOMENTS**, MASTER YOUR **LIFE**

HOW TO MAKE THE MOST OF EVERY MOMENT

Did you know that you have 20,000 unique moments a day? Psychologists tell us that a moment lasts from 1-3 seconds. Did you know that the only moments that become YOUR memories are those PACKED with EMOTION? Living an extraordinary and memorable life doesn't happen by chance... it happens by CHOICE.

In this powerfully moving, life-affirming keynote, Dr. Susanne Gaddis shares insights and strategies that will potentially change you to your CORE. If you're ready to attract and build healthy relationships, fuel positive energy, and succeed at unbounded levels, then you won't want to miss this empowering presentation.

LEARNING OBJECTIVES

In this exhilarating program you will learn how to:

- Create "emotional wealth" through discovering "20,000 bankable" moments per day
- Steer clear of "Energy Zappers" - those who create downward emotional spirals
- Unleash the power of harmonious connectivity
- Create a life where you flourish, not flounder
- Manage your energy for a limitless life
- Recognize, master and celebrate your strengths
- Weave the "Four Tenets Of Happiness" into your life
- Channel adversity into positive action
- Create profound inner peace by mastering the act of forgiveness
- Transform limiting self perceptions to generate a renewed enthusiasm for your life

What is true power? It's living in the moment - It's living right now. Cast off limits. Savor every moment. Become the master of your OWN life. If ever there was a time to infuse your spirit with powerful affirmation and to create unlimited potential for health, wealth, love and joy – it's NOW. Invite Dr. Susanne Gaddis to share this remarkable experience with your audience today. The results will be life-changing.

Motivational Keynote Speaker and CEO of The Communications Doctor, DR. SUSANNE GADDIS, PHD, CSP, CEO is an internationally-known interpersonal communications expert. With hands-on, results-producing strategies, tools, mindsets and solutions – she delivers game-changing programs that will have your audiences raving and adopting positive change for years to come!

BOOK THIS INSPIRATIONAL, LIFE-CHANGING PROGRAM FOR YOUR TEAM TODAY

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